

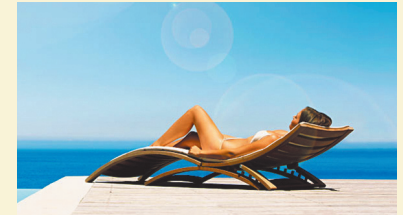
# Spring into Summer at



## New! Phytomer Marine Spa Body and Face Treatments

Wraps are a wonderful body treatment, eliminating toxins and improving blood and lymph circulation. Sometimes recommended as part of a slimming programme especially for people with excessive water retention.

Excellent for improving the appearance of cellulite and all round improvement of general well being. All body wraps include a relaxing back massage and you are cocooned in a luxury heated blanket.



### Phytomer Zero-Cellulite Treatment

A "hot and cold" experience designed to target cellulite combining the effects of self heating mud and cool smoothing gel to tone and firm.  
£45.00 for 60 minutes  
A course of 5 £200.00 including one free sea holistic facial.

## PHYTOMER

### Phytomer Firming Body Wrap

Ideal for new Mums, recent weight loss, sun damaged skin and for anyone who wants a healthy complexion from head to toe.

### Phytomer Detox and Slimming Wrap

Stimulates body metabolism and the natural breakdown to disperse fat, leaving you contoured, silky and soft.

### Phytomer Remineralising Body Wrap

Combines minerals from seawater and essential oils such as Lavender, Basil and Sage. A real stress reliever, bringing balance and well-being.

### Phytomer Body contouring wrap

Enjoy the soothing texture of this Iodine free gel, stimulating the metabolic process and natural breakdown to disperse fat, leaving you contoured, soft and toned.

£45.00 one hour for each wrap

**Tel: 01733 341535**  
**[www.thelimestherapies.com](http://www.thelimestherapies.com)**

## New! Sea Satin Body scrub

Express exfoliation combining sea-derived granules in a rich creamy base, finished with a hydrating nourishing body cream.

£25.00 30 minutes

## New! Marine Body Massages

## Tresor Des Mers Lymphatic Drainage

Unique and powerful lymph drainage massage techniques for detoxification and ultimate relaxation.

£35.00 55 minutes

## Sea Holistic Radiance Face and Body Spa Treatment

Using Thai massage moves and hot sachets filled with a blend of sea salt crystals and ocean spray lavender, melts away tension and restores balance and inner warmth. This treatment includes a luxury facial to make you feel completely pampered.

£55.00 75 minutes

## Get set for your Holidays and ready for the beach:

1 Facial  
1 Body Treatment  
Pedicure

Manicure  
Spray Tan  
Champagne

£100.00  
Offer valid until 30/09/09



## Competition

For your chance to win either the Phytomer Ab sculptor or the Ultim' Reflex cellulite emulsion please fill out your details and send in to The Limes.

The Limes Therapies  
8 College Park  
Peterborough  
Cambs  
PE1 4AW

Name.....  
Address.....  
.....  
Tel No.....  
E mail.....  
Favourite Treatment.....

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Perfect for your Summer Holidays!**



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